

Gevrekzade Hasan Efendi stated that there are twelve major makams (by respecting the twelve astrological signs) in Turkish Classical Music by defending the science of music is equivalent and in association with the science of astronomy.



- **Râst**; ARIES, its zodiac element (nature) is FIRE.
- **Irâk**; TAURUS, its zodiac element (nature) is EARTH.
- **Isfahân**; GEMINI, its zodiac element (nature) is AIR.
- **Zîrefkend**; CANCER, its zodiac element (nature) is WATER.
- **Büzürg**; LEO, its zodiac element (nature) is FIRE.
- **Zengûle**; VIRGO, its zodiac element (nature) is EARTH.
- **Rehâvî**; LIBRA, its zodiac element (nature) is AIR.
- **Hüseynî**; SCORPIO, its zodiac element (nature) is WATER.
- **Hicâz**; SAGITTARIUS, its zodiac element (nature) is FIRE.
- **Bûselik**; CAPRICORN, its zodiac element (nature) is EARTH.
- **Nevâ**; AQUARIUS, its zodiac element (nature) is AIR.
- **Uşşâk**; PISCES, its zodiac element (nature) is WATER.

#### Makams in Turkish Classical Music According to Periods of

- **Between the end of the night and forenoon**: Hüseynî, uşşâk, nevrûz, dilkeşhâverân, nişâbürek, hisâr, muhayyer, acem, çârgâh, mâye.
- **Between forenoon and mid-afternoon**: Irâk, zengûle, gevâst, segâh, nihâvend, müsteâr, hümâyûn, irâk-mâye, zâvil.
- **Between mid-afternoon and nightfall**: Isfahâne, nigâr, zemzeme, gerdâniye, karcığâr.
- **Between nightfall and the end of the night**: Râst, büzürg, şehnâz, selmek, nikrîz, pençgâh, uzzâl, hicâz, nühüft, râhatü'l-ervah and Türkîhicâz.

- **RâstMakam**: Beneficial for paralysis. Ensures psychological relaxation.
- **IrakMakam**: Beneficial for inflammatory diseases, sersâm (a disease that gives mental confusion), swollen face and eyelids and throbbing.
- **IsfahânMakam**: Beneficial for diseases caused by cold and dryness. Strengthens intelligence, memory, thought and concentration.
- **ZîrefkendMakam**: Cures facial nerve paralysis, stroke, crick, joint pains and gripes.
- **RehâvîMakam**: Beneficial for all kinds of headaches. Prevents heart throb. Cures all diseases related to paralysis, mucus and blood.
- **BüzürgMakam**: Beneficial for intestinal pains and gripes. Strengthens mind, helps to concentrate. Beneficial for diseases related to various worries and fears.
- **ZengûleMakam**: Beneficial for diseases related to heart, sersâm (a disease that gives mental confusion), diseases related to stomach and lungs. Ensures relaxation and peace for heart.
- **HicâzMakam**: Beneficial for urinary tract, dangerous aches and pains on body. Increases virility.
- **BuselikMakam**: Beneficial for gripes, hip bone pains, headache and diseases related to blood.
- **UşşâkMakam**: Beneficial for the treatment of gout disease, insomnia and foot pains. Ensures relaxation for body.
- **HüseynîMakam**: Beneficial for inflammation occurred at heart and lungs, stomach diseases. Helps to take away fever caused by malaria and flavivirus diseases.
- **NevâMakam**: Beneficial for vein, sciatica and hip bone pains. Moves negative thoughts away and strengthens memory.



- **Irâk makam** and makams subjected to it are beneficial for "brown-skinned" people because their nature is hot and dry.
- **Isfahân makam** and makams subjected to it are beneficial for "fair-skinned" people because their nature is hot and humid.
- **Râst makam** and makams subjected to it are beneficial for "blonde" people because their nature is cold and dry.
- **Kûçek makam** and makams subjected to it are beneficial for "white-skinned" people because their nature is cold and humid.

#### Authorities According To The Nation

Gevrekzade also stated that makams are related to nationalities. According to him, it is beneficial to know that and it is necessary for the musicians to know that relation.

1. It is stated that it is beneficial for Arab nationality to perform "Hüseynî" makam and other makams subjected to it.
2. It is stated that it is beneficial for Iranian nationality to perform "Irâk" makam and other makams subjected to it.
3. It is stated that it is beneficial for Turkish nationality to perform "Uşşâk" makam and other makams subjected to it.
4. It is stated that it is beneficial for Greek and Western nationalities to perform "Bûselik" makam and other makams subjected to it.

Gevrekzade's classification which mentions only nationalities is expanded by Hızır B. Abdullah who stated a more detailed form which refers to the cities as well. Fârâbî states in his "Kitab'ül-mûsîka'l-kebîr" that the nature and musical taste of each nationality differs according to their climate, land and cuisine.





# TURKISH MUSIC INSTRUMENT



<= Bendir / Mazhar

Zil / Halile =>



Rebab=>

<= Çeng



Kudüm =>

<= Ney



Klasik Kemençe =>

<= Kanun



<= Santur



<= Tambur

Ud=>



## Sabuncuoğlu Şerefeddin Medical And Surgical



*"You should know that the philosophers discovered music not to enjoy and entertain, but to make people benefit of it, ensure mental pleasure, relax people psychologically, humidify dry humors (prevent annoyance), balance physiology and regulate the flow of blood. The ones who deny this wisdom had thought that music is only for enjoyment and had listened to music only in watering holes (taverns) without perceiving its principles, senses and the reasons of its appearance, make it illicit."*

Eflatun



## AMASYA MUNICIPALITY Sabuncuoğlu Şerefeddin Medical And Surgical Museum



*"Songs that tell you that the best rush health."*  
İbn-i Sina

Sabuncuoğlu Şerefeddin Medical And Surgical  
History Museum (Bimarhane / Darüşşifa)  
AMASYA

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Amasya Municipality  
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